



# Role Description

## VOLUNTEER CLINICAL SUPERVISOR

### Organisation Description

Burning Nights CRPS Support is a UK charity working to improve life for all those affected by Complex Regional Pain Syndrome (CRPS).

We raise awareness about CRPS amongst the public, health and legal professionals by providing awareness sessions, so diagnoses can be made quicker and treatment started more rapidly. We also offer support and information through a number of volunteer-led services, including an evidence-based website, support helpline, online forum, email and social media support, annual conference and regional support groups. More recently, we have launched our CRPS Counselling and Virtual Befriending services, which have been met with an enthusiastic response.

Charity Reg No. 1166522 (England & Wales)

### Location

Online / Remote volunteering

### Area of the Charity

CRPS Counselling & Therapy Service

### Number of Hours per week Required

Approximately 1.5-2 hours per week. This includes the clinical supervision of 3-4 therapists and any administration tasks; one-to-one supervision is monthly across 1.5-2 hours, however this is flexible to fortnightly or weekly.

You are not under any contract to perform these tasks nor are you under any obligation to carry out this role. There are no set hours or days for this voluntary role. It is only as and when you are able to volunteer.

**Burning Nights CRPS Support** (Working to improve life for all those affected by Complex Regional Pain Syndrome (CRPS))

**Registered Address:** 1 Alder Brook, Chinley, High Peak, Derbyshire SK23 6DN

**Tel:** 01663 795055

**Email:** [support@burningnightscrps.org](mailto:support@burningnightscrps.org)

**Web:** [www.burningnightscrps.org](http://www.burningnightscrps.org)

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## Minimum Commitment

The ideal time commitment from Supervisors would be for them to offer a 12-24 month commitment to the role, reflecting our ongoing offer of support to families and the commitment of the volunteer Counselling & Therapy Team. However, this is only an aspiration.

## Main Purposes of the Role

Burning Nights CRPS Support has a highly skilled counselling and therapy team who provide counselling and psychotherapy to adults and children who have been affected by a debilitating chronic condition, Complex Regional Pain Syndrome (CRPS). This team is expanding swiftly and we are now looking for another volunteer Clinical Supervisor to join this team ensuring we can continue the provision of our vital emotional support services to this community.

Counselling and therapy volunteers will help to develop our growing mental health support service for patients, families and carers affected by Complex Regional Pain Syndrome (CRPS). As a volunteer with the CRPS Counselling & Therapy Service, you will be providing therapy support to vulnerable individuals, many of whom are isolated and in need of mental health support. Clients can refer themselves to the service and we also accept referrals from health and legal professionals.

The CRPS Counselling & Therapy Service offers one-to-one counselling and therapy sessions, which are currently held online through Zoom or over the telephone. Depending on your qualifications, skills and experience, you will provide counselling support or specialist services, such as general talking therapies, Cognitive Behavioural Therapy (CBT) or Eye Movement Desensitization and Reprocessing (EMDR) for CRPS patients, their loved ones and carers. The service currently offers specialist support to anyone over the age of 5 who is affected by CRPS.

With your experience and recognised counselling and therapy qualifications, you will be an asset to our small charity and those we support. In this role you'll be able to develop your counselling skills, organisation, communication and team working skills.

## Key Tasks and Objectives

- Facilitate Clinical Supervision one to one on a monthly basis (online)
- Administer this supervision from invitation through to record keeping
- Maintain appropriate clinical records of all work and to report, along with any concerns on individuals or their practice to the Chair of Trustees
- Commitment to ongoing supervision of supervision practice at Burning Nights CRPS Support as well as engaging in separate own personal supervision as/if appropriate
- Work flexibly as part of a small team as necessary to provide maximum coverage for supervision, such as in the event of emergencies
- Abide by all Burning Nights CRPS Support policies and procedures
- Adhere to BACP (or other appropriate therapies governing body) Ethical Framework

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## Key Skills, Qualifications and Experience

### Essential:

- Psychotherapy/Counselling qualification with a minimum of 2 years post qualification experience in a similar field
- Qualification in Clinical Supervision (could also suit experienced counsellors who require a placement during Clinical Supervision placement, or experienced counsellors wishing to gain experience in supervision)
- Accreditation/registration (or working at the level of or towards this qualification) as a counsellor/psychotherapist with BACP/HCPC/BAPT or equivalent
- Significant proven experience of supervising individual counsellors/psychotherapists from a range of training backgrounds
- Appropriate and proven clinical experience of working with clients with a range of difficulties including complex medical health issues, loss and bereavement. Ideally experience of working with clients living with or affected by chronic pain or chronic conditions
- Willingness to engage in any Burning Nights CRPS Support training
- Understanding of issues regarding confidentiality and management of risk within a counselling service
- Good administrative skills
- Understanding of the voluntary sector
- Commitment to on-going engagement in personal supervision
- Knowledgeable of and committed to equalities' provision

### Desirable:

- Appropriate and proven clinical experience of working with clients living with or affected by chronic pain or chronic conditions
- Experience of working within a low-cost voluntary sector counselling setting
- Experience of working within the voluntary charity sector

### Personal Attributes:

- Resilience, reliability, flexibility
- Good communication skills
- Commitment to work collaboratively within Burning Nights CRPS Support team as well as with other volunteers working in the service
- Commitment and interest to the overall development of Burning Nights CRPS Support and its services
- Commitment to continuing professional development



## Key Benefits and Impact

- You will be a part of our small, friendly, forward-thinking charity team, focused on reaching people affected by this rare, painful and debilitating chronic pain condition and to provide them with psychological support whether they are patients, loved ones or carers
- As this is a new service that the Charity is still expanding, you will have a key role in helping to develop a counselling programme that will complement the other support services that we offer
- This is a fantastic opportunity for you to support the Counselling & Therapy Team as they make a real difference in someone's life which is already isolated and painful, who may not have received any psychological support
- You will join the Charity during a critical and challenging period and your expert knowledge and experience will be invaluable to our success
- You will have a key role in not only developing a counselling service, but also ensuring that we provide counselling services and mental health support to CRPS patients, their loved ones, and carers who are in need of our support
- With your help we will expand our support and mental health services to ensure our service users receive mental health support that they may not have been offered

## Training and Support

- Full induction to our organisation
- Relevant and ongoing training for your volunteer role, with costs covered by the Charity
- Regular updates on Charity activities
- Support, advice and guidance from Charity team
- After 3 months volunteering, all volunteers are eligible for courses (reasonable cost)

## How To Apply

If you think you could be the person we are looking for, we would love to hear from you. We invite anyone to apply for our volunteering opportunities, regardless of ability or experience.

To find out more and register your interest, you can fill out the [application form](#) on the Burning Night CRPS Support website or get in touch by phone or email.

Please note that you will be asked to send a copy of your CV before interview and all volunteers are subject to two reference checks. All volunteer roles that involve interaction with vulnerable service users require an up-to-date DBS check, which the Charity will cover the cost of.

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## Contact information

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